MRKT | ALEXANDRA™ PARK A COMMUNITY MASTER PLANNED.

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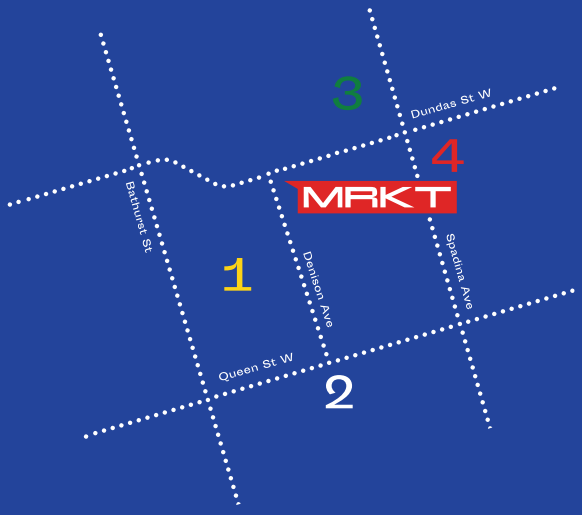
City Guide by Tridel



A New Vibrant
Queen West
Kensington Market
Alexandra Park
Chinatown
Community.

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1. ALEXANDRA PARK (AP)
2. QUEEN WEST (QW)
3. KENSINGTON MARKET (KM)
4. CHINATOWN (CT)

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BUILT FOR LIFE



THE REIGNING QUEEN OF COOL.

»Tune in to the irresistible energy and vibrant creativity of this world-class street.«

QW QUEEN WEST

Once voted the second-hippest district in the world by Vogue magazine, Queen West is ever-changing and reinventing itself, but it remains stalwartly Bohemian, eclectic and intriguing. Wandering along Queen is like touring an ideal neighbourhood where art, culture and commerce co-exist in a fantastically compelling mix of charm and creativity.

Queen West is, at the same time, a trendy shopping strip, part of the Entertainment District, and a funky treasure hunt. Art galleries vie for attention with shops selling only buttons or beads.



JOHN FLUEVOG 686 Queen St. W.

Gourmet and fast-food restaurants and bars peacefully coexist. Furniture and décor shops tempt with unique and masterfully crafted must-haves, and vintage stores bring blasts of the past to inspire your style.

QW

Queen West Flashback

Queen West is a chameleon, constantly changing with the times, and its ability to adapt is the key to its appeal. Dynamic and daring, Queen West remains true to itself. Its roots in the 19th century are stunningly displayed by all its preserved Victorian red brick commercial buildings. Originally designed for business owners to live above their stores, these buildings still combine retail at ground level and residences above.

Before Queen West became the hotbed of fashion and design it is now, it was for many years a vital part of the Garment District, supplying textiles and accessories for nearby factories turning out apparel for the nation. Walk west on Queen from Spadina and you'll see remnants of those times in a few remaining fabric stores.

Farther west, some historical landmark buildings have been completely renovated and revitalized, and are totally worth a visit: the Drake Hotel, with its sky bar and restaurants; the Gladstone Hotel, where every room was designed by a different artist; and the Great Hall, a performance venue since 1889. And don't miss the Horseshoe Tavern, which was ground zero for the '70s punk scene; the Rivoli, where '80s acts got their start; and the Black Bull with its great people-watching on a big patio overlooking Queen West.

THE REIGNING QUEEN OF COOL



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SAVOURING FLAVOUR CITY

Alexandra Park bumps right up against an area dense with the best, most enthralling places to eat and drink in the city. A range of prices, cuisines, and styles enables you to experience a whole universe of flavours.







98 AROMA

440 Spadina Ave.



This atmospheric restaurant decorated in pretty antique Chinese style will give you a taste of northern Chinese cuisine that includes stir-fry, dumplings, vermicelli noodle dishes and fried chicken.

LA PALETTE

492 Queen St. W.





This friendly bistro features authentic French cuisine for dinner and brunch. Paté, escargots, charcuterie, and crevettes are just some of the French words that will enhance your vocabulary and translate into a feast for your taste buds. To eat well and save a bit of money, try the Prix Fixe menu.

ALOETTE

163 Spadina Ave.





Reserve well in advance to dine at this restaurant that consistently makes it into the Top 100 lists for Toronto and Canada. With everything from burgers to sea trout crudo, lamb sirloin and lemon meringue pie, Aloette bridges casual bistro eats and haute cuisine.

SEVEN LIVES

69 Kensington Ave.



If your mission in life is to find the best tacos in Toronto, don't miss this unassuming Mexican-style eatery. Most popular are the crispy and flavourful haddock tacos, but the chicken and shrimp versions also incite rapture.

WANDA'S PIE IN THE SKY

287 Augusta Ave.





Buy a pie to take home or sit and while away an afternoon with a coffee and a slice, all home-made. The room is bright and cheery, with sun streaming in through the windows. Cakes and other sweet treats may also tempt you.

LA PALMA

849 Dundas St. W.





If you're craving authentic Italian flavours, La Palma at Trinity Bellwoods may bring satisfaction. Its well-rounded menu includes a few unique takes on pizza and pasta, it also does a bang-up job on fish, meat, and vegetable dishes. Brunch is popular as well - try out the breakfast pizza or baked eggs.

GREY GARDENS

199 Augusta Ave.





It's a wine bar and a gourmet restaurant - perfect for casual drop-ins or more formal celebrations. Exquisitely prepared and plated new North American fare brings elevated cuisine to the market.

CRACKING THE CONVENIENCE CODE

When you live at MRKT Alexandra Park, you're in the centre of the downtown action, with fast, easy access to every city amenity you could ever imagine.

RESTAURANTS

1. 98 Aroma
2. La Palette
3. Seven Lives
4. Wanda's Pie in the Sky
5. La Palma
6. Grey Gardens

APPAREL STORES

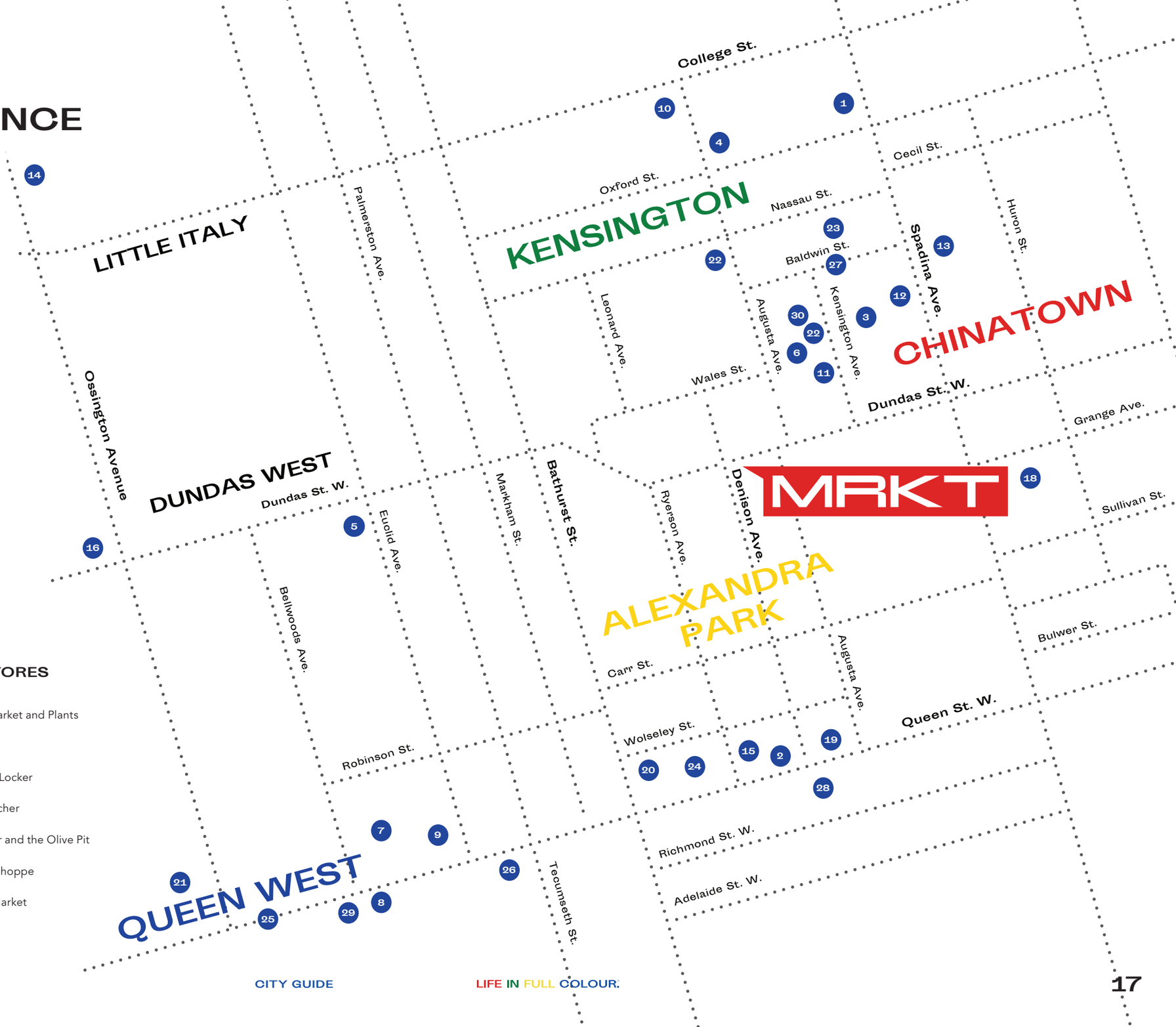
7. The Latest Scoop
8. Zumel & Co.
9. John Fluevog Shoes
10. Sub Rosa Vintage
11. NOMAD
12. Uncle Otis
13. Milk Sneaker Boutique
14. Area+001

BARS

15. Mahjong Bar
16. Cold Tea
17. R&D
18. BarChef
19. 416 Snack Bar
20. APT. 200
21. Poetry Jazz Café
22. Handlebar

GROCERY STORES

23. Queen's Fruit Market and Plants
24. Cumbrae's
25. Sanagan's Meat Locker
26. The Healthy Butcher
27. The Spice Trader and the Olive Pit
28. Global Cheese Shoppe
29. Coral Sea Fish Market
30. Hooked





1

COLD TEA

60 Kensington Ave.

LAST LAST CALL

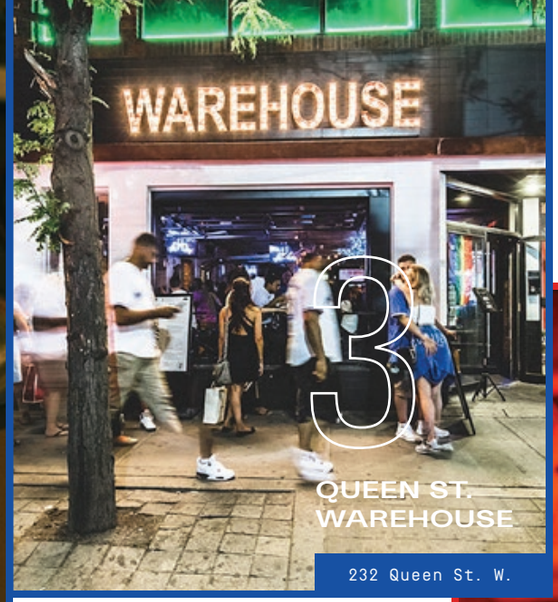
TOP
10
BARS

HIGH-QUALITY SPIRITS FROM AROUND THE WORLD, BLISSFULLY FLAVOURFUL WINES, DELICIOUS CRAFT BEERS, AND INTRIGUING COCKTAIL CONCOCTIONS - WHATEVER LIQUID LIBATION YOU'RE IN THE MOOD FOR, YOU'LL FIND IT AT ANY OF THE COOL BARS AND PUBS NEAR YOUR MRKT ALEXANDRA PARK HOME.

2

MAHJONG BAR

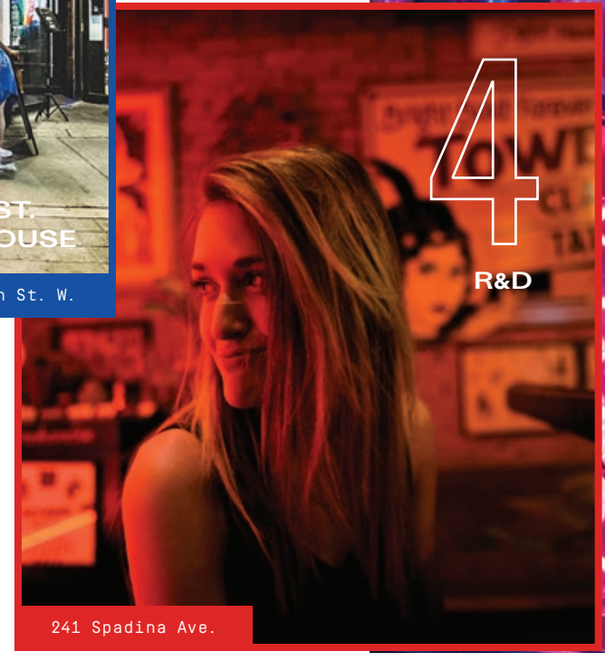
1276 Dundas St. W.



3

QUEEN ST. WAREHOUSE

232 Queen St. W.



4

R&D

241 Spadina Ave.

5

BARCHEF

472 Queen St. W.



LIFE IN FULL COLOUR.



6

416 SNACK BAR

181 Bathurst St.



7

APT.200

1034 Queen St. W.





224 Augusta Ave.



8

POETRY
JAZZ CAFÉ



9

HANDLEBAR

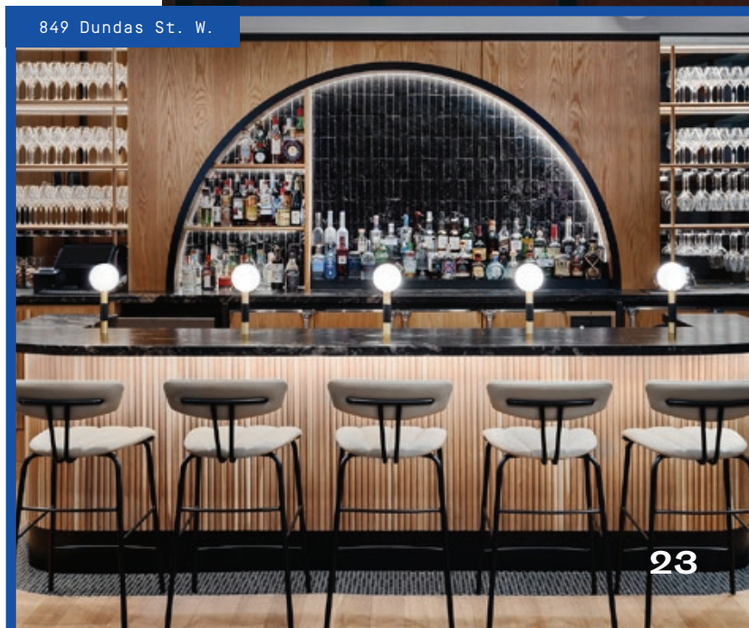
159 Augusta Ave.



10

CASA LA
PALMA

849 Dundas St. W.



ART

APPRECIATION

CREATIVITY AND EMOTION COME ALIVE IN TORONTO'S ART GALLERIES. FROM MRKT, THE BEST GALLERIES ARE ONLY A SHORT WALK AWAY.

Art Gallery of Ontario

At MRKT Alexandra Park, you're so close to the AGO you can walk there in minutes any time you like. The AGO, with 95,000 works, has one of the biggest and best collections of art in Canada, including paintings from the Group of Seven. Special exhibitions display works from international artists, and membership gives you free unlimited admission, discounts, and more. The AGO building is worth a look as well, just for its fabulous architecture by Frank Gehry. On Wednesday evenings, admission is free!



AGO / 317 Dundas St. W.



Orbital
Arts Gallery / 275 Augusta Ave.



Orbital Arts Gallery

A store and gallery in one, this cozy spot is an outpost of universal love and spiritual consciousness, as evinced in its offering of gallery-wrapped canvas panel prints of dream-like images, meticulously painted.



Paul Petro Contemporary Art

There's never a dull moment in this carefully curated gallery where works by award-winning Canadian and international artists are exhibited regularly. Whatever your taste in art, you're bound to see something here that resonates with you.

Paul Petro Contemporary Art /
980 Queen St. W.





Propeller / 30 Abell St.

Propeller

An artist-run gallery in Queen West, this space supports and promotes the work of local artists. Each exhibition may present art in a different media - photography, paintings, mixed-media, glass, and more.

OCAD University Ignite Gallery /
165 Augusta Ave.

OCAD University Ignite Gallery

Discover some of the top new artists in Canada before anyone else does. The best work from OCAD students is on display here, and the artists are often on hand for conversation.



Stephen Bulger Gallery

A spacious and inviting gallery where all the artwork is fine photography. Regular exhibitions bring in collections of photographs from Canadian and international artists who have a unique way of seeing the world and capturing their vision with a camera.

Stephen Bulger Gallery /
1356 Dundas St. W.



Whippersnapper Gallery

It's tiny but what it lacks in space, this artist-run, not-for-profit Kensington Market space makes up for in spirit. Unknowns and up-and-comers get their chance to display their best work, so stop by and support their efforts.

Whippersnapper Gallery /
594 Dundas St. W.







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A DAY IN THE LIFE

FEATURING

NIKO

PROGRAMMER

Niko never stops moving. You see him one minute and then he's gone, riding his skateboard along the quiet streets of Kensington Market first thing in the morning. It's how he psyches himself up for his hectic workday at a high-tech startup on Spadina. Niko might stop to buy a snack or he might just keep going. But one thing is for sure: by lunchtime he'll be back to visit Seven Lives Tacos.





Seven Lives Tacos - 72 Kensington Ave.

12:00 PM



Niko loves being able to grab a taco from Seven Lives. Whether it's shrimp, pork or chicken, all options are made with fresh ingredients on the spot and taste amazing.

5:30 PM



At Milk, Niko tries on a few pairs of new kicks that have just come in. It's hard to narrow his choices down, but eventually he splashes out on a pair from New Balance.

Niko likes to rock a cool urban casual look, and he'll be the first to admit he has a bit of a sneaker obsession. On the way home he stops at Milk to check out what's new.



8:00 PM

Niko works hard but he plays hard too. Tonight he's meeting up with friends at R&D on Spadina, where they'll sample the house cocktails and dig into some dim sum.....





MARKET MANIA

»One of the world's most fascinating Bohemian districts, Kensington Market is a mélange of unique shopping experiences, spontaneous creative expression, and delectable dining.«

KM KENSINGTON MARKET

It's a microcosm of the cultural mosaic that is Toronto, showing the world how art, business and a fiercely independent spirit can harmoniously coexist. Drawing energy and inspiration from nearby Chinatown and Queen West, Kensington Market is ever evolving — recombining and reinventing itself with each new wave of artisans and entrepreneurs.





LIVELY

Kensington Market is part circus, part art gallery, and part shopping bazaar. The lively, seemingly chaotic streets overflow with restaurants and pubs, bakeries, vintage shops, specialty food stores and designer boutiques – all resolutely different, creative, quirky and fun.

FUN

The market is a home for everyone who values individuality, novelty and craftsmanship – a fun, colourful place like nowhere else on the planet. Whether it's the random puppet show on the corner, the fabulous giant sculptures made from car parts, or a busker playing a Pink Floyd tune, being in Kensington Market will simply make you feel happy.

HISTORIC

Kensington hasn't always been a marketplace. In the late 1880s it was designed as a residential neighbourhood, and many of its tall, narrow, brick Victorian homes remain; painted in bold primary colours, they are a big factor in the market's distinct look. In the 1930s, with the influx of many Jewish immigrants looking for business opportunities, "The Jewish Market" was born. Ground floors of houses were converted into stores, and the market became a thriving business district. Then, starting in the 1950s, immigrants from Portugal's Azores islands, Brazil, the Caribbean and southeast Asia added to the fascinating diversity of Kensington Market.







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STYLES OF THE TIMES

* FOR ANYONE WHO WANTS TO AVOID LOOKING LIKE A CLONE OF EVERYONE ELSE, THESE BOUTIQUES OFFER THE LATEST FASHIONS TO INSPIRE YOUR ON-TREND SIGNATURE STYLE.



THE LATEST SCOOP

700 Queen St. W.

It's like a department store, only better. The Latest Scoop has more spot-on designer selections and a fresher range of options in clothing, accessories, home decor, shoes, bags, greeting cards and jewellery.





ZUMEL & CO.

863 Queen St. W.

At this women's fashion boutique, you'll feel overwhelmingly welcome and appreciated. The sales associates double as stylists, and will bring you armfuls of clothes to try on that you may never have considered, but make you look like a fashion model.



QUEEN WEST

JOHN FLUEVOG SHOES

686 Queen St. W.

Each pair of shoes at this Vancouver designer's store is a work of art, meticulously crafted with high-quality materials. Even if you're not obsessed with shoes, Fluevog's totally unique footwear will amp up your style quotient.





TIGER OF SWEDEN

56 Ossington Ave.

Let's face it – Canadians love everything Swedish, and this roomy store is no exception. Featuring men's and women's fashions that are up to date but have their own unique details, Tiger makes shopping for clothes more fun.



KENSINGTON MARKET

EXILE

60 Kensington Ave.

If looking groovy is your thing – or if you just need a new pair of worn-in jeans – you'll find what you're looking for in this expansive store. Prom dresses, vintage coats, belts, winter coats, dresses, shirts and sweaters rotate by season.



SUB ROSA VINTAGE

16 Kensington Ave.

Save money and look amazing in the latest styles of the day. This trendy vintage shop offers everything you need to pull together a look that keeps it fresh while maintaining a connection to the most fun fashions of the last few decades.





CHINATOWN

NOMAD

310 Spadina Ave.

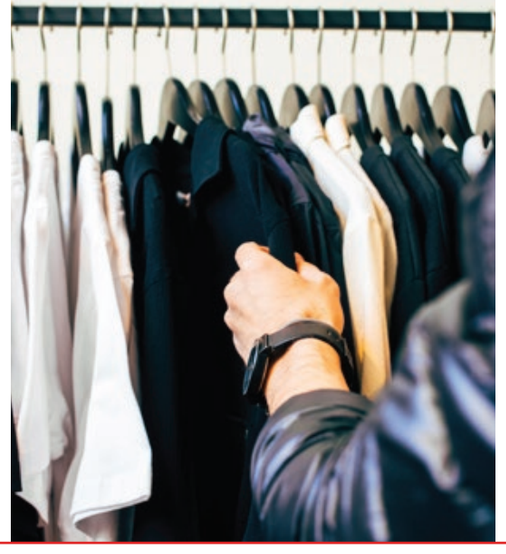
Men looking to expand their wardrobe and maintain an updated, pulled-together look should drop by this welcome addition to Chinatown. Featuring high-end brands, this store has every element, including shoes, caps, shirts, tees, bags, jewellery, sweaters, jackets and sneakers.



UNCLE OTIS

329 Spadina Ave.

High-quality, casual-smart men's clothing has found a home in Chinatown. It's a stunning selection of fashionable but relaxed clothes, shoes and accessories to give any man a boost of confidence and style.



QUEEN WEST

MILK SNEAKER BOUTIQUE

1643 Dupont St.

Aimed at trend-conscious men, this streetwear boutique will thrill those who dig the look of graphic tees and caps, and one-off sneakers. You'll also find hoodies and backpacks, and lots of milk-themed decor, but absolutely no milk.







AREA+001

38 Ossington Ave.

Men of Toronto, take note of this store – it's full of stylish designer casual clothing, shoes, and accessories. Whether it's a new raincoat, a pair of sneakers or a hoodie you're looking for, you'll find everything you need to nail your own look.



PLANT-BASED INDULGENCES

PEOPLE ARE BECOMING MORE FOOD CONSCIOUS AND ARE CHOOSING SUSTAINABLE FOOD OPTIONS. IT'S NO WONDER RESTAURANTS WITH PLANT-BASED CUISINE ARE PROLIFERATING, CONTINUALLY RAISING THE BAR ON FLAVOUR AND QUALITY.

QW

PLANTA 180 Queen St. W.

It made a big splash on Bay Street, and with its Queen West location, Planta can now claim to have converted both the pinstripe and the Bohemian crowd. Visit this luxely decorated restaurant on theme days: Maki Mondays, Sake-it-to-me Tuesdays, Disco & Dumpling Fridays, and Dim Sum Brunch Sundays.



KM

HELLO123 1122 Queen St. W.

Next time you're feeling peckish in a big way, stop in here for hearty, filling versions of regular fare such as [tempeh] phish 'n chips, [soy] beef and dumplings stew, and breaded, fried "unchicken." Big taste and big portions guarantee satisfaction.



CT

GOOD REBEL 1591 Dundas St.W.

It's nirvana for those who eschew animal products - a 100% all-vegan grocery store. What a relief to not have to check the ingredient list to make sure your everyday essentials, prepared meals, ingredients, and drinks are totally vegan!



KM

BUNNER'S BAKESHOP 244 Augusta Ave.

You don't have to be a vegan to dig Bunner's, the best gluten-free, vegan bakeshop in the area. To tempt you, there's everything from loaves of bread to moist cookies and muffins, to cinnamon sticky buns, pies, tarts and more.



GREEN RETREATS

Several parks close to MRKT Alexandra Park make it easy to get away from the hustle and bustle, to read, picnic and meet friends. Some of these green spaces have designated off-leash spots for dogs, and others, like Bellevue Square Park in Kensington Market, have playground equipment kids love. At Trinity Bellwoods Park you can play tennis, relax under the trees, and ice skate in winter.

1. ALEXANDRA PARK

1 MIN 2 MIN | Bathurst & Dundas

2. TRINITY BELLWOODS PARK

6 MIN 18 MIN | Queen & Dundas

3. RANDY PADMORE PARK

1 MIN 2 MIN | Bathurst & Dundas

4. GRANGE PARK

5 MIN 11 MIN | Bathurst & Dundas

5. ST. ANDREW'S MARKET AND PLAYGROUND

3 MIN 10 MIN | Bathurst & Dundas



ADVENTURES IN VINTAGE

If you value the look and feel of old things, combine a few antique and vintage pieces with the latest styles and see how your personal style emerges. Here's a sampling of vintage and antique shops you may just fall in love with.





COURAGE MY LOVE

14 Kensington Ave.

Having been around since the '80s, this funky vintage clothing store is the absolute best. With everything from ball gowns to handbags and shoes to shirts and skirts from earlier eras, Courage will thrill you with its sheer variety and quality.



CYNTHIA FINDLAY ANTIQUES

284 King St. W.

A long-time purveyor of high-quality antique collectibles, jewelry and furniture, Cynthia Findlay has a wonderful selection to browse through, a range of prices for every budget, and friendly, personable service.

ANTIQUE SHOPS



ERA ANTIQUES

1629 Queen St. W.

Once you have all your furniture in place, you'll want to finish the look with lighting and artwork. At the west end of Queen St., this shop has framed artwork, Art Deco lighting, and table lamps all waiting for a new home.



OLD TRUNK ANTIQUES

1706 Queen St. W.

You'll feel like you're walking into your great-grandmother's parlour, with its old doll collections, fragile china and dainty collectibles. But somewhere within this walk into yesteryear you may find something you simply must take home.

PUBLIC BUTTER VINTAGE

1290 Queen St. W.

Is your style aesthetic oriented to the '90s or the early 2000's? At this jam-packed shop, you can completely outfit yourself in t-shirts, jean jackets, hats, bags, and everything else from decades ago, all for incredibly reasonable prices.



This spacious store is a collage of mid-century modern furniture, 1970s houseware, vintage clothing, and stylish new fashions. With its ever-changing selection of cool treasures, Bungalow is a favourite among locals.

BUNGALOW

273 Augusta Ave.





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A DAY IN THE LIFE

FEATURING

CAMILLA

MAKEUP ARTIST + STYLIST

Freelancing has its advantages, and Camilla loves the freedom of being able to set her own hours. That might mean going for a run mid-morning, and then recharging with a delicious smoothie from The Organic Press. Or it might entail grabbing an espresso at Jimmy's on Baldwin. Either way, Camilla is all set for a full day running her thriving creative business.



11:00 AM



12:00 PM



Some days require the tang of a smoothie, and other days only a gourmet caffeine beverage will do.

Relaxed, energized, and inspired, Camilla is ready to meet with clients, transforming them for appearances in film, magazines and more.Today she takes a break to wander along Queen West, looking for pieces that anchor her own distinct personal style, such as the just-in, casual-style designer dresses at The Latest Scoop. When darkness falls, Camilla's enjoying drinks and dinner at Casa La Palma on Dundas.



4:00 PM



9:00 PM

Camilla's favourite drink at Casa La Palma is the Cardamom Sprits cocktail, a scintillating combination of diverse flavours.



"I'M SO AT HOME HERE. CHINATOWN, KENSINGTON MARKET AND QUEEN WEST ARE ALL BIG PARTS OF WHO I AM."



CHINATOWN: THERE BE DRAGONS

»Still a head-spinning trip after all these years, Chinatown has become more pan-Asian and funky-bohemian than solely Chinese.«

CHINATOWN

And that's great news because it means more variety and connection to the global village.

Chinatown is an excellent resource for food and housewares. At Asian supermarkets, you can find ingredients for Asian cooking (hello, peanut sauce for satay), and at houseware stores, you can stock up on pots and pans, paper light shades, tchotchkes, small furniture items, and woven mats to liven up your home décor. Traditional Chinese medicine in its raw form can be found in baskets of dried ingredients outside stores, and newer shops like Sonic Boom add records, books, and collectibles to the retail collage.







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ORIENT EXPRESS

ASIAN CUISINE

AS IT HAS BEEN FOR GENERATIONS, THE HEART OF CHINATOWN IS ITS RESTAURANTS, BUBBLING OVER WITH FLAVOURS FROM ACROSS THE PACIFIC, ALWAYS READY TO WOW YOUR TASTE BUDS AND SPICE UP YOUR LIFE. FROM PANCAKES TO RAMEN, TO SUSHI, STIR-FRY, DUMPLINGS, NOODLES AND MORE, HERE ARE SOME OF THE BEST OPTIONS FOR SATING YOUR HUNGER WITH FOOD FROM THE EAST.





1 _ MAGICAL TASTE OF CHINA

409 Spadina Ave.

Beautifully designed with natural wood slab tables, concrete flooring, and a colour palette of brown, steely silver and white, this restaurant gives you the tastes of China's northern, Xinjiang region. Charcoal BBQ kabobs, lamb over naan, and savoury pancakes conjure visions of history's nomadic riders.

2 _ MOTHER'S DUMPLINGS

421 Spadina Ave.

A spacious place that's very popular, Mother's has 19 different kinds of steamed, boiled or pan-fried dumplings on the menu. All are handmade in house, along with other traditional dishes from northern China such as pancakes, steamed buns and congee.



3 _ KUNI SUSHI YA

20 Baldwin St.

If you have a bottomless pit when it comes to sushi, this Japanese restaurant is your nirvana, offering all-you-can-eat sushi buffet. But you can also order à la carte and veer into other Japanese cuisine territory such as tempura, teppanyaki, and noodle dishes.









4 _ AJISEN RAMEN

332 Spadina Ave.

Straight from Japan comes a popular franchise that has garnered a global following. Fresh-made every day, the 40 different types of ramen are served in various types of made-from-scratch broths such as pork, tomato, curry, kimchi and miso.



5 _ SIMMER HUANG

456 Spadina Ave.

With a hot pot at your table, you can craft your own meal, adding the meat and vegetables you prefer, and simmering everything to perfection. It's so much more convenient than attempting to do this at home.

6 _ HOMEMADE RAMEN

263 Spadina Ave.

The art of ramen noodle making is practiced at a high level here. Try a bowl of hand-stretched ramen with your favourite meat and vegetables - a hearty, satisfying meal.



LIFE IN FULL COLOUR.









7 _ SHI MIAODAO YUNNAN RICE NOODLE

318 Spadina Ave.

You'll be instantly transported to southern China with every spoonful of savoury noodle soup at Shi MiaoDao. Whatever option you choose - seafood, beef, chicken, or vegetarian - it comes in a large bowl, brimming with fresh ingredients.



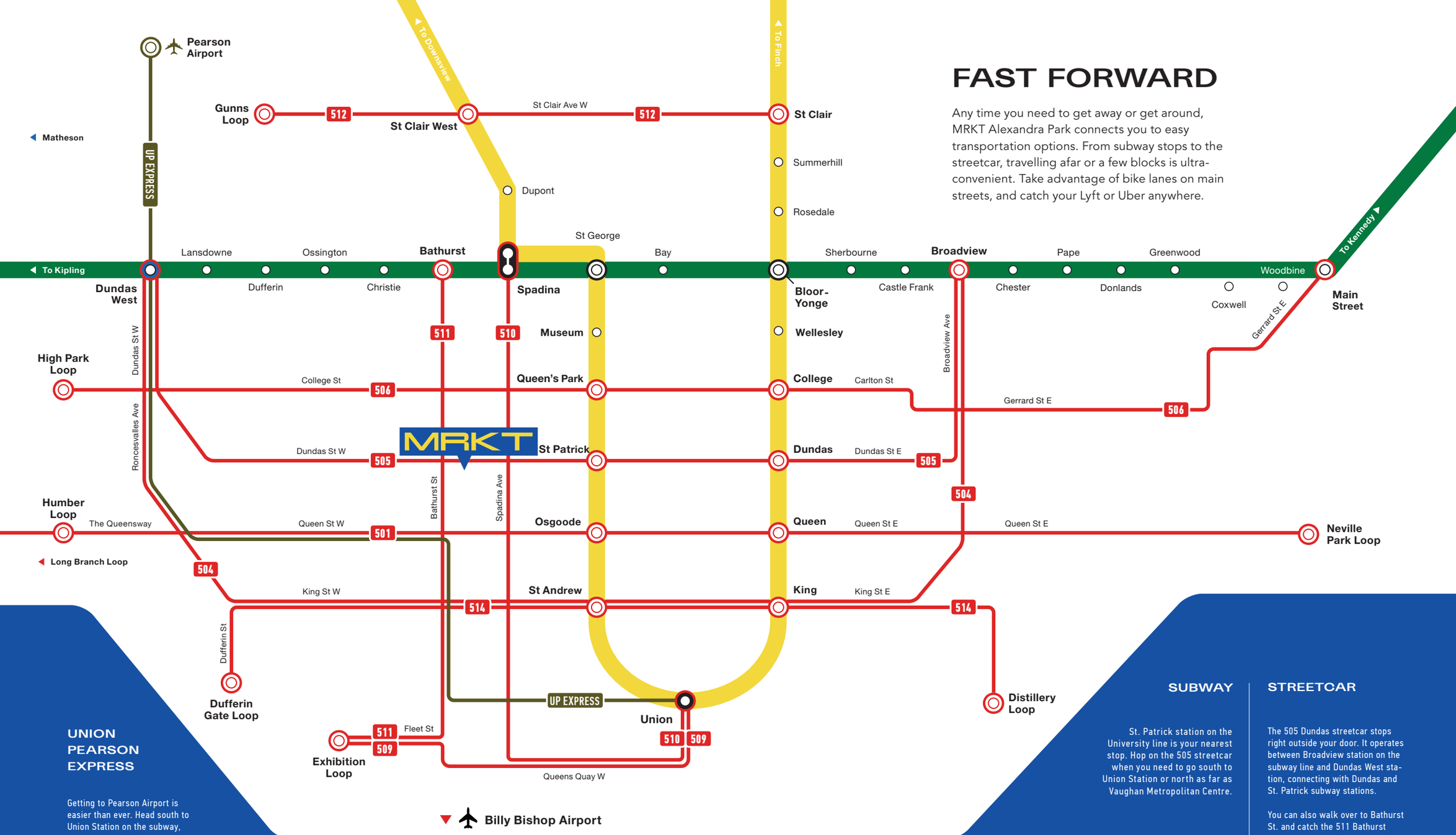




8 _ KINGS NOODLE RESTAURANT

296 Spadina Ave.

Visit this Chinatown café whenever you get a hankering for the real deal: big bowls of congee with Chinese-style donuts for dunking, and bowls of noodles with barbecued duck and vegetables - served fast and efficiently.



FAST FORWARD

Any time you need to get away or get around, MRKT Alexandra Park connects you to easy transportation options. From subway stops to the streetcar, travelling afar or a few blocks is ultra-convenient. Take advantage of bike lanes on main streets, and catch your Lyft or Uber anywhere.

UNION PEARSON EXPRESS

Getting to Pearson Airport is easier than ever. Head south to Union Station on the subway, and catch an UP Express train. In just 25 minutes you'll arrive at the airport. Trains run between Union and Pearson every 15 minutes.

SUBWAY

St. Patrick station on the University line is your nearest stop. Hop on the 505 streetcar when you need to go south to Union Station or north as far as Vaughan Metropolitan Centre.

STREETCAR

The 505 Dundas streetcar stops right outside your door. It operates between Broadview station on the subway line and Dundas West station, connecting with Dundas and St. Patrick subway stations.

You can also walk over to Bathurst St. and catch the 511 Bathurst streetcar north to Bathurst station or south to the lake, **Billy Bishop Airport, and Exhibition Place.** The Spadina streetcar is also a great way to head south to the lake.





GO-TO GROCERIES



Queen West, Chinatown and Kensington Market take the cake when it comes to infinite options for grabbing your groceries. From supermarkets to specialty boutiques, you'll find ingredients for whatever you're cooking up in your kitchen.

564 Queen St. W.

QUEEN'S FRUIT MARKET AND PLANTS

Regardless of whether you have a green thumb or plants tend to fall over dead in your presence, this store has plants and flowers for all skill levels of indoor gardener, including a large selection of cacti (easy to grow!).

SANKO TRADING CO

You'll recognize it by the colourful graffiti painted on the west wall of this corner store devoted to Japanese food, drink, kitchen wares, novelty items and gifts. Immaculately, neatly organized and pleasing to the eye, it's a place you could get happily lost in, marveling over every tantalizing import.

730 Queen St. W.



714 Queen St. W.

CUMBRAE'S

Fancy gourmet mac 'n' cheese for dinner? Or maybe some potato salad to go, with thickly sliced ham? A rich soup made from scratch with bone broth? Here you'll find these prepared foods and gourmet butcher products from local farms that are either networked with Cumbrae's or owned by them.



176 Baldwin St.

SANAGAN'S MEAT LOCKER

When the Stern family sold their 50-year-old butcher shop, Peter Sanagan bought it and endowed it with some new ideas and offerings. Now, not only can you buy meat with transparent origins, you can also choose a rotisserie chicken with sides or deli sandwich to go.

565 Queen St. W.

THE HEALTHY BUTCHER

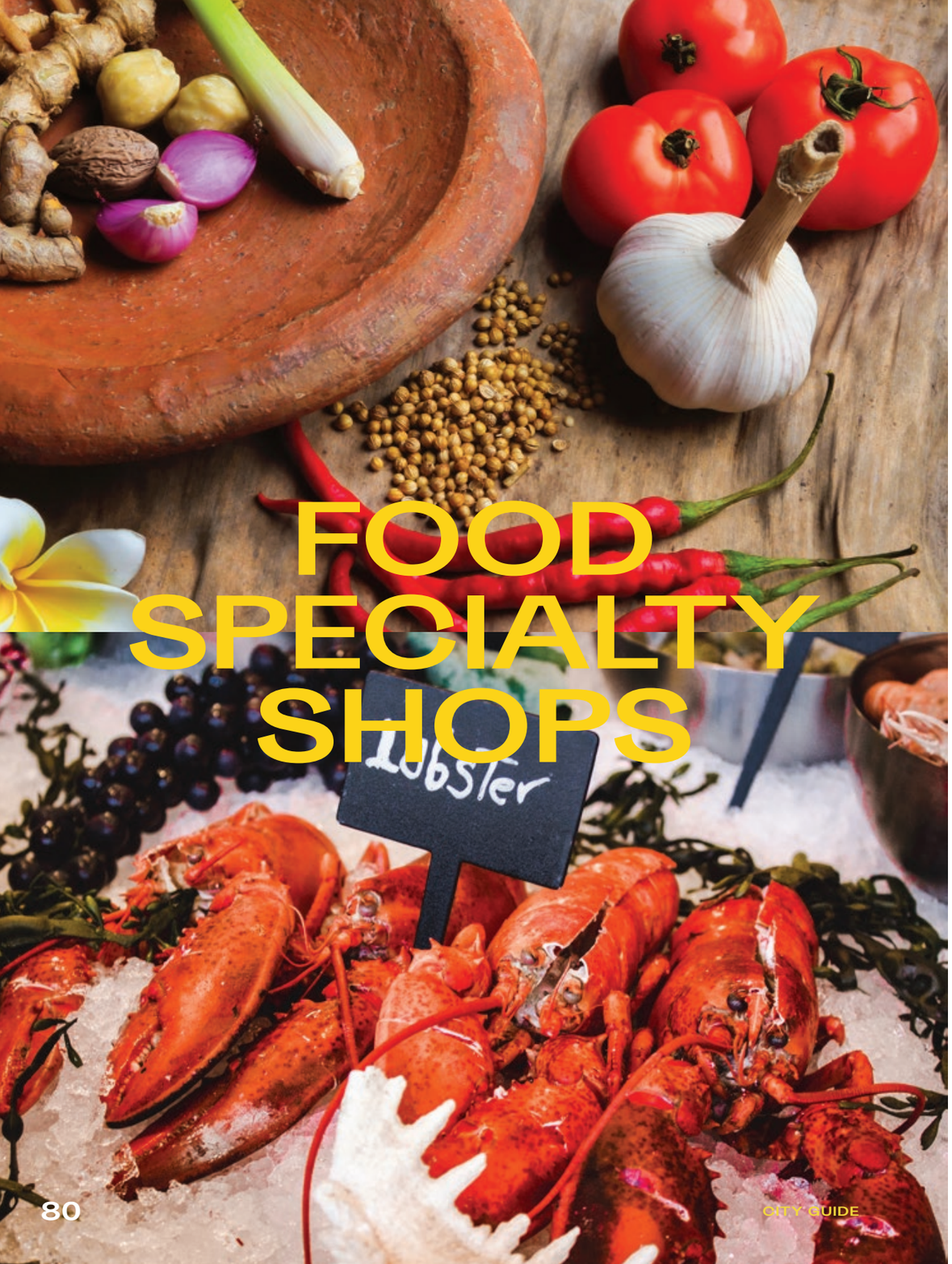
With super-friendly staff, it's one of the best places to buy organic, grass-fed meat. But this modern butcher shop also boasts a great selection of smoked fish, bread, salads, dairy products and other curated groceries.





BUTCHER SHOPS





FOOD SPECIALTY SHOPS

877 Queen St. W.

THE SPICE TRADER AND THE OLIVE PIT

Foodies intent on zeroing in on fresh, non-GMO spices from around the world will hit the mother lode here. This charming store's exotic salts and sugars, and high-quality extra virgin olive oil will also help boost your culinary endeavours.

76 Kensington Ave.

GLOBAL CHEESE SHOPPE

If discovering new, delicious cheeses from all over the world is your thing, check out this cheese shop. Friendly counter staff will make sure you sample everything before you buy.



198 Baldwin St.

CORAL SEA FISH MARKET

It's been around for decades and serves up fresh fish and seafood. Whatever type of fish you're looking for, staff will clean and package it for you on the spot. Don't forget to grab limes and lemons from the bins outside.



206 Baldwin St.

HOOKED

Sustainability is a priority for the owners of this fresh seafood and fish shop, so everything is traceable to its origins. Bring home something fresh off the boat for dinner and feel like you're helping the conservation cause.



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A DAY IN THE LIFE

FEATURING

ANA + MADELINE

NURSE

ANA'S DAUGHTER



7:30 AM

As a busy nurse at a big hospital on University Ave., Ana appreciates that everything she and her daughter Madeline need is within walking distance of home. After a nutritious breakfast made with fresh ingredients from Kensington Market, she walks Madeline to Ryerson Community School, with a quick play stop at the newly redesigned Bellevue Square Park.





9:00 AM

4:30 PM

Ana is happy she can always find local and international fruit and vegetables that are fresh off the truck.



6:00 PM



She heads back to Kensington Market to shop for fresh produce and pick up Madeline from school. For fun, they stop at Blue Banana and look at quirky accessories and novelty items; there's always something that makes them both laugh. Then for a treat, they can't resist a scrumptious creamy dessert at Wafels & More.





ALL ABOUT ALEXANDRA PARK.

»The area that now comprises Alexandra Park grew up with Toronto from the mid-1800s.«

AP ALEXANDRA PARK

Your new home at MRKT is part of the Alexandra Park community, which is named after the 2.7-hectare park at Bathurst and Dundas. This community gathering spot has nurtured families and kids for generations, with its range of athletic and educational activities.

A baseball diamond, picnic area, community garden, volleyball court, skateboard area, wading pool, sprawling green lawns and children's playground make it a magnet year round for area residents. In winter, you can hit the ice at the Alexandra Park rink, and in summer, cool off at the outdoor pool. The Scadding Court Community Centre offers programs for all ages, and the attached library is a good place to bring kids for story time.



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KENSINGTON MARKET
AUGUSTA & OXFORD
GARDEN CAR

This repurposed car has to be seen to be believed. Since 2006 it's been parked on Augusta Ave., growing a profusion of plants, herbs and flowers within its hollowed-out body that is filled with - no doubt organic - soil.



For mind-blowing sensory experiences, you can't beat exploring the neighbourhoods around Alexandra Park. In Chinatown, Kensington Market and Queen West, you'll be bombarded - in a good way - with colour, art, design, and remarkable human ingenuity.

PEDESTRIAN SUNDAYS

Once a month the market is closed off to cars, and the streets come alive with buskers, performance artists, live art making, and dancers. Spend the whole day there and find a different way to be entertained every half block.







LIFE IN FULL COLOUR.



QUEEN WEST

AUGUSTA & QUEEN W

GRAFFITI ALLEY

Running for one kilometre. parallel with the south side of Queen Street, Graffiti Alley is an explosive mashup of graffiti art by some of the world's best, including local artists. You may be familiar with the alley from "22 Minutes" when Rick Mercer paced up and down it, ranting about current events. Popup parties sometimes happen in the alley, featuring live art-making, beats and hip hop dancing.



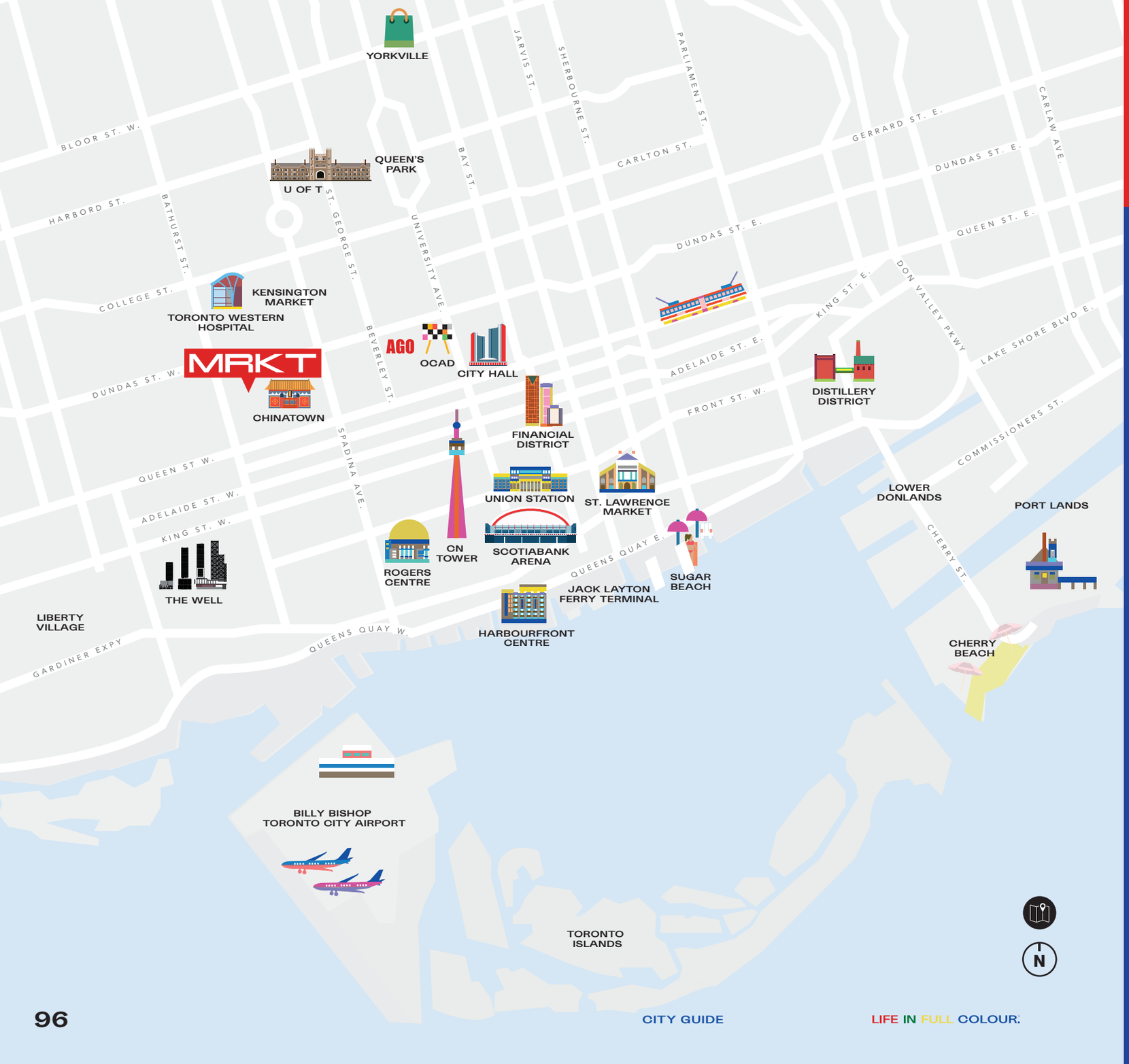


TRINITY BELLWOODS PARK

Designed on landfill over Garrison Creek, this massive park is welcome green space for the 'hood. Dogs can run free in the dip between steep grassy slopes, and up above near Dundas St. an organic Farmer's Market takes place Tuesdays from May to October. In winter there's a hockey rink, and in summer, tennis courts. Grab some gourmet takeout food, and lounge under the trees on a blanket on the grass with your friends.







TIME OUT

Toronto is one of the most walkable cities in the world. And if you choose to cycle, you'll find a network of bike paths throughout downtown. For a more relaxed journey, the TTC will get you to any local destination in minutes.

KENSINGTON MARKET
- 6 MINUTES
- 5 MINUTES
- 3 MINUTES

UNION STATION
- 34 MINUTES
- 18 MINUTES
- 13 MINUTES

ST. LAWRENCE MARKET
- 40 MINUTES
- 29 MINUTES
- 13 MINUTES

UNIVERSITY OF TORONTO
- 19 MINUTES
- 16 MINUTES
- 7 MINUTES

CN TOWER
- 27 MINUTES
- 22 MINUTES
- 13 MINUTES

YORKVILLE
- 39 MINUTES
- 24 MINUTES
- 14 MINUTES

AGO
- 11 MINUTES
- 7 MINUTES
- 4 MINUTES

SCOTIABANK ARENA
- 23 MINUTES
- 18 MINUTES
- 8 MINUTES

TORONTO WESTERN HOSPITAL
- 6 MINUTES
- 4 MINUTES
- 2 MINUTES

BILLY BISHOP AIRPORT
- 29 MINUTES
- 20 MINUTES
- 11 MINUTES

JACK LAYTON FERRY TERMINAL
- 41 MINUTES
- 26 MINUTES
- 15 MINUTES

FINANCIAL DISTRICT
- 30 MINUTES
- 24 MINUTES
- 10 MINUTES

NEW LIFE



Attaining a healthy lifestyle is a pleasure when you live in close proximity to so many retailers and services geared to making it effortless. From places to train hard or find serenity, to stores with the latest in health foods and supplements, and cafés specializing in juices and teas, the Alexandra Park neighbourhood is booming with purveyors of lifestyle enhancement offerings.

NEW YOU

ICHA TEA

235 Spadina Ave.

Wide-plank floors, paper lanterns, and large potted plants imbue this café with a Zen-like atmosphere. It's an amazing place to sample superb loose-leaf tea or try desserts made with tea.



DOWNWARD DOG YOGA CENTRE

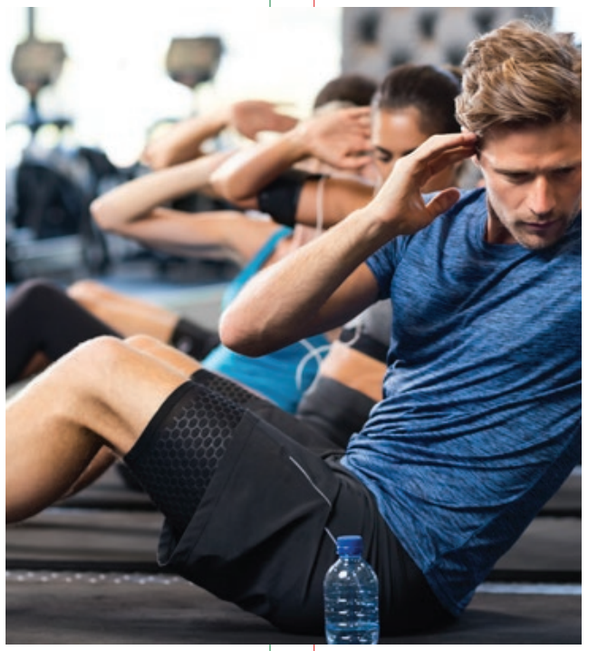
30 Ossington Ave.

Sting has been known to drop by here for yoga practice. Along with hosting classes, this multi-purpose studio trains practitioners to be yoga teachers. If you take a class, you'll be in good hands – Downward Dog is known for its highly skilled instructors.

BOLO BODY LOVE

364 Richmond St. W.

More than a place to work your body hard in a variety of high and low-impact classes from boxing to yoga to pilates, Bolo is also a salon, a café and a bar. Post-workout you can grab a smoothie, get your hair done, then relax with a glass of wine.

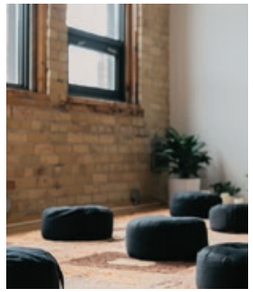


THE ORGANIC PRESS

257 Augusta Ave.

Located in a funky Kensington storefront, this health-oriented shop proffers cold-pressed juices and bowls in mouthwatering combinations. Sit in or take out -- either way, you're guaranteed to feel rejuvenated and energized.





BARREWORKS

625 Queen St. W.

Specializing in ballet barre-based fitness classes, this studio targets anyone looking to enhance their fitness, strength and cardio. Classes are designed by a team of fitness, yoga and dance professionals, so you can be sure of a high-quality workout.



SPINCO

129 Spadina Ave.

If getting on a bike and taking a long ride to nowhere is your thing, you'll love Spinco. The invigorating, structured, full-body spin classes set to thumping music will help boost your confidence in going further in all your pursuits.



SUGAR & SPICE

265 Augusta Ave.

Here's a good place to stock up on health foods and vitamins, whether you're looking for a new kind of crispy vegetable chip to snack on, or a bottle of vitamin C to ward off winter germs.

EDUCATION OPTIONS

WHATEVER YOUR EDUCATIONAL GOALS, MRKT ALEXANDRA PARK PLACES YOU ONLY BLOCKS FROM TOP CANADIAN UNIVERSITIES.



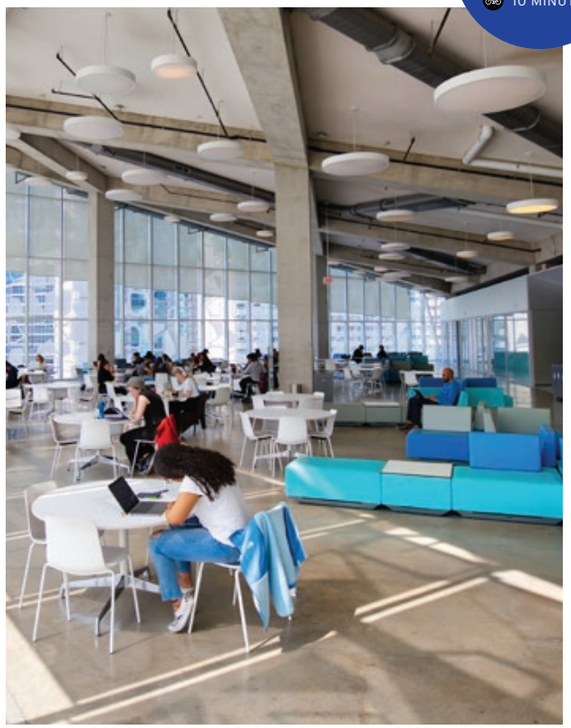
RYERSON UNIVERSITY

A distinctly urban university, "Rye High" focuses on innovation and entrepreneurship. It's home to Canada's largest undergrad business school, the Ted Rogers School of Management, and a renowned school of journalism.

350 VICTORIA ST.

12 MINUTES

10 MINUTES





OCAD UNIVERSITY

OCAD U, Canada's university of imagination and inspiration, is also universally acclaimed for the quality of its visual arts and design programs.

51 McCAUL ST.

4 MINUTES | 5 MINUTES

UNIVERSITY OF TORONTO

The downtown U of T campus is intrinsically linked with the city's renowned cultural offerings. Established in 1827, the university is one of North America's leading research and teaching facilities. Part-time and continuing education courses are offered along with full-time programs

27 KING'S COLLEGE CIRCLE

7 MINUTES | 7 MINUTES

***U OF T* HAS INTERNATIONAL STUDENTS FROM 165 COUNTRIES**

COOL FOR SCHOOL

FOR CHILDREN WHO LIVE AT MRKT ALEXANDRA PARK, IT'S SIMPLE TO GET TO THE CLOSEST SCHOOLS IN THE AREA. HERE ARE THREE OF THEM:

RYERSON COMMUNITY SCHOOL

Right across the street from MRKT, this is the closest junior school for your little ones. The school, which has been around in one form or another since 1877, strives to provide a safe, caring and equitable learning environment.

96 DENISON AVE.

1 MINUTE | 1 MINUTE



EDUCATION

ALPHA ALTERNATIVE JUNIOR SCHOOL

Toronto's oldest alternative school, located in the King & Bathurst area, has a great reputation for child-centred learning. Teachers have the stated mission of imparting values of cooperation, tolerance, freedom of expression, autonomy and social responsibility.

20 BRANT ST.

4 MINUTES | 5 MINUTES

CENTRAL TECHNICAL SCHOOL

If you have high school age kids, they can easily commute to Central Tech. It has a diverse student population of 1,600, and boasts outstanding technical programs and a visual arts centre second to none.

725 BATHURST ST.

8 MINUTES | 10 MINUTES





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A DAY IN THE LIFE

FEATURING

MATTHEW

PROFESSOR

9:00 AM



Having lived in the Queen and Spadina area since he was 23, Matthew is completely at home in this hub of culture and creativity. Before heading to teach his first class, he checks email and preps lessons at his favourite café, and then walks to work. At lunch, you'll find him dining al fresco and catching a few rays at Belfast Love.



12:00 PM



Matthew spends a lot of time on his feet, and a tuna sashimi salad at Belfast Love helps keep his energy stoked for the afternoon.

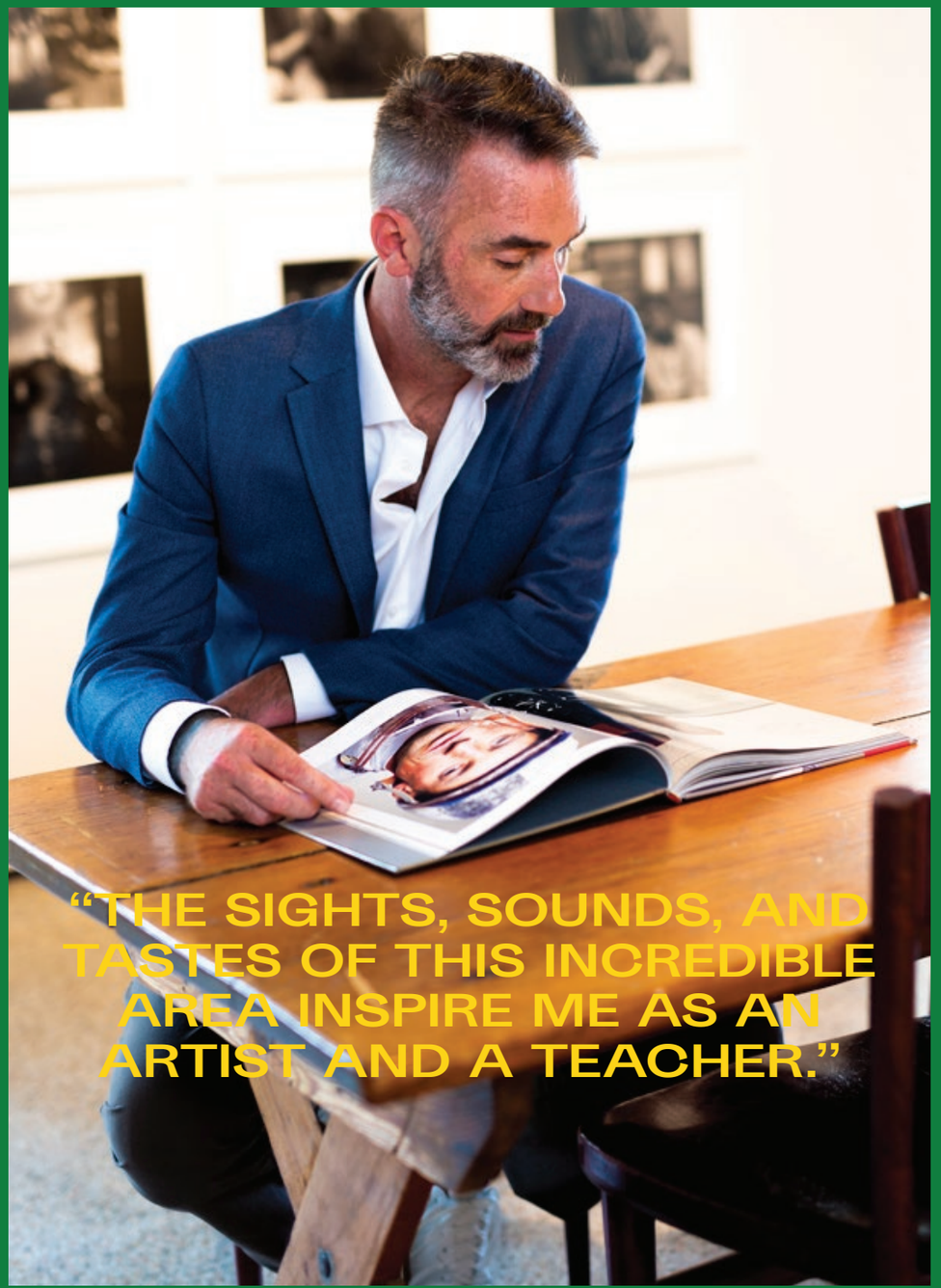
4:00 PM



Before returning home to mark papers, Matthew visits Stephen Bulger Gallery, where a new photography exhibit by an emerging artist holds his interest — partly because it's someone he taught and mentored. He raises a glass with the artist later at BarChef on Queen, an unconventional bar where everything is made from scratch, including 5,000 house-made bitters.



8:00 PM



"THE SIGHTS, SOUNDS, AND TASTES OF THIS INCREDIBLE AREA INSPIRE ME AS AN ARTIST AND A TEACHER."


YOUR CITY. YOUR COUNTRY. YOUR TEAM. BE PROUD AF.
HOME
IS
TORONTO

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